



REVIVE

MEDICAL WELLNESS

WHAT

WHY

WHO

WHEN

WHERE

HOW

What: Wellness Consultation is a visit with a medical office or virtually or over the phone to discuss about your overall wellbeing. During your Wellness Consultation, at Revive Medical Wellness you will meet with our Doctor of Nurse Practitioner who will review your health history, listen your concern about wellness and make appropriate wellness recommendations. In many cases a full panel blood test may necessary to identify the issues and recommend a plan of action. Wellness programs help people improve their overall health, overcome illness or disease through positive lifestyle changes such as better nutrition, hormone balance, and routine exercise and sleep hygiene. We are focused on the evaluation of the following in our wellness consultation:

- Vitamin and nutrient deficiencies
- Hormone imbalance
- Thyroid Balance
- Improved sleep quality
- Metabolic enhancement
- Wellness support for existing medical conditions

Why: Prevention is better than cure. We focus on the prevention of major health issues. It is necessary to check your vitals and blood work in a timely manner to identify risks involved and to manage those issues before getting worse.

Who: Anyone who have not visited health care professionals for their wellness check in the last 6 months.

When: It is our recommendation to have regular wellness visit every 6 months to track progress of your overall health condition.

Where: We offer a complementary wellness consultation (a \$150.00 value) at our clinic located at 11310 Huron St, Suite 230, Northglenn, CO 80234.

How: Call 720.477.3377 or email us at sharada@ReviveMedicalWellness.net to schedule an appointment. Alternatively you can book your appointment from our website.